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| Psychology Case Study |
| Chapter 5: EQ & IQ |
| Section: BBA-A |
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Alina was very happy when she got to know that she cleared the entrance exam for Harvard University. She celebrated this news with her close friends and family by making her signature super moist cake. Then finally came the day when she left for the University to conquer her dream as she was a bright student. She had applied for a room in hostel which she had to share with a room-mate named Nimra. They both had conflicting ideas regarding how their room would look. Alina had placed her things in an organized manner within her space while Nimra had spread her things all over the room regardless of the angry looks and resentful comments Alina gave. This made Alina so angry that she just outburst and broke one of Nimra’s photo frame and after that didn’t even apologized. Few days passed and classes had begun. Alina faced a lot of difficulty in adjusting in this new environment. Also, she faced problems in interacting with people around her.

**QUESTIONS:**

1. What are the different emotions faced by Alina?
2. Does Alina seem to have low EQ or high EQ and why?
3. In your opinion, how would have Alina reacted rather than expressing her anger?
4. How can IQ of a person can be calculated?

**RUBRIC: (Themes & Variation)**

1. Happiness, excitement, anger.
2. Alina seems to have a low EQ as she could not control her emotions and found difficulty in interacting with the people around her and adjusting in the new environment.
3. She would have remained calm and kept patience rather than showing her anger by broking the photo frame.
4. It is calculated by dividing Mental Age (MA) by Chronological Age (CA) and multiplying it with 100.

**IQ= MA/CA x 100**